Lightning Basketball
"Building Champions"

2009 LIGHTNING SHOOTING LEAGUE

Reasons to Join:

1. Improve shooting technique
2. Improve shooting accuracy
3. Increase shooting range
4. Learn to compete while having fun
5. Work with a group to achieve shared goals
6. Improve responsibility & commitment to teammates

Format

1. Each player will be part of a five player team
2. Players learn shot sequence for that day
3. Goal is to make as many shots in the designated sequence
4. Scores are posted on a daily basis
5. Teams are made up of players from all grades
6. Each player will be paired with a player from the opposing team
7. Each player is responsible for the score of his opponent
8. Team winner is declared based on total score of the four highest player totals
9. Wins, losses, total score, and attendance will be kept

DATES of COMPETITION: June 16,18,23,25, 30
(4:30 p.m. @ EVHS) July 2,7,9,14,16

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